



**The Golden Rule<sup>i</sup>**

**Buddhism**

One who, while himself seeking happiness, oppresses with violence other beings who also desire happiness, will not attain happiness hereafter.

— Dhammapada

**Baha'i Faith**

And if thine eyes be turned towards justice, choose thou for thy neighbour that which thou chooseth for thyself.

— Baha'u'llah.

**Classic Greek**

May I do to others as I would that they should do unto me.

— Plato

**Confucianism**

Never impose on others what you would not choose for yourself.

— Confucius, Analects XV.24 (tr. David Hinton)

**Hinduism**

One should never do that to another which one regards as injurious to one's own self. — — — —  
Mahabharata, (Anusasana Parva, Section CXIII, verse 8)

**Islam**

Hurt no one so that no one may hurt you.

— Muhammad, The Farewell Sermon

**Jainism**

Just as pain is not agreeable to you, it is so with others. Knowing this principle of equality treat other with respect and compassion.

—Suman Suttam , verse 150

**Judaism**

The Sage Hillel formulated the Golden Rule in order to illustrate the underlying principles of Jewish moral law:

That which is hateful to you, do not do to your fellow. That is the whole Torah; the rest is the explanation; go and learn.

**Taoism**

Regard your neighbor's gain as your own gain, and your neighbor's loss as your own loss.

— T'ai Shang Kan Ying P'ien

**Wiccan**

Do no harm.

**Zoroastrianism**

That nature alone is good which refrains from doing unto another whatsoever is not good for itself.

— Dadistan-i-dinik 94-5

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<sup>i</sup> Selected quotations are found in "Ethic of Reciprocity" at [http://en.wikipedia.org/wiki/Ethic\\_of\\_reciprocity#Buddhism](http://en.wikipedia.org/wiki/Ethic_of_reciprocity#Buddhism) and the Unitarian Universalist Fellowship of Visalia at <http://uuvisalia.org/justice/golden.html>